

December

2017

Calendar Month

Calendar Year



Fresh meals for early learners

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	01 Hard Boiled Eggs ² Whole wheat bread ³⁶ Pineapple Milk
04 Scrambled eggs w/spinach ² Whole wheat bread ³⁶ Banana Milk	05 Oatmeal w/ toppings ¹ Honeydew Milk	06 Carrot muffin ¹²³ Low fat yogurt ¹ Cantaloupe Milk	07 Whole wheat cheerios Pineapple Milk	08 Black Beans ⁵ Cheese ¹ Orange Leche
11 Chilaquiles ² Whole wheat bread ³⁶ Banana Milk	12 Oatmeal w/ toppings ¹ Pineapple Milk	13 Zucchini muffin ¹²³ Low fat yogurt ¹ Cantaloupe Milk	14 Whole wheat cheerios Honeydew Milk	15 Eggs and Potatoes ² Whole wheat bread ³⁶ Pear Milk
18 Turkey Sausage Whole grain waffle ³ Banana Milk	19 Oatmeal w/ toppings Pineapple Milk	20 Carrot muffin ¹²³ Low fat yogurt ¹ Cantaloupe Milk	21 Whole wheat cheerios Honeydew Milk	22 Black Beans ⁵ Cheese ¹ Orange Leche
25 Closed	26 Closed	27 Closed	28 Closed	29 Closed

Notes: This menu is subject to change. **Green:** Local Produce

¹Dairy, ²Egg, ³Gluten, ⁴Seafood, ⁵Beans, ⁶Soy, ⁷Lentils



BREAKFAST

December

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Fresh meals for early learners

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	01 Whole Wheat Animal Crackers ³ Pear
04 Graham Crackers ³ Cantaloupe	05 Cottage cheese ¹ Canned peaches	06 String cheese ¹ Pear	07 Bread with Cheese ¹ Orange	08 Carrot Muffin ¹²³ Apple
11 Graham Crackers ³ Pear	12 Cucumber Sweet potato hummus Banana	13 Rice pudding ¹ Papaya	14 Low Fat Yogurt ¹ Cantaloupe	15 Whole Wheat Animal Crackers ³ Pineapple
18 Low Fat Yogurt ¹ Cantaloupe	19 Graham Crackers ³ Apple	20 Sweet potato bread pudding ¹³ Orange	21 Bread with Cheese ¹ Banana	22 String cheese ¹ Pear
25 Closed	26 Closed	27 Closed	28 Closed	29 Closed

Notes: This menu is subject to change. Green: Local

¹Dairy, ²Egg, ³Gluten, ⁴Seafood, ⁵Beans, ⁶Soy, ⁷Lentils, ⁸Peppers



SNACK