

For those parents who have children with allergies or food restrictions, please complete the following information

Name of your child: _____ / Class: _____

How many meals you'd like for your child to eat at Bambini? _____ Which are those meals? _____

Please cross the foods you'd like us to HOLD OFF from offering your baby until further notice. Remember that all allergens (fish, eggs, lentils, soy, pineapple, berries, wheat, milk and hummus, due to sesame seeds) will need to be tried at least three times at home and we'll need approval from you, before we can offer them to your baby at our center. Thanks for your attention and for helping us to keep your child healthy and safe!

March

2025



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
03 Cereal Orange Milk ^{1*}	04 Chicken Sausage Patty Whole grain waffle ¹²³⁶ Melon Milk ^{1*}	05 Yogurt ¹ Banana Milk ^{1*}	06 Oatmeal ¹ Raisins Melon Milk ^{1*}	07 Cereal Piña Milk ^{1*}
10 Cereal Orange Milk ^{1*}	11 Turkey Sausage Patty Pancake ¹²³⁶ Melon Milk ^{1*}	12 Whole Wheat Bread ³⁶ Cream Cheese ¹ Banana Milk ^{1*}	13 Oatmeal ¹ Raisins Melon Milk ^{1*}	14 Cereal Piña Milk ^{1*}
17 Cereal Orange Milk ^{1*}	18 Hard Boiled Egg ² Whole wheat bread ³⁶ Melon Milk ^{1*}	19 Yogurt ¹ Pineapple Milk ^{1*}	20 Oatmeal ¹ Raisins Melon Milk ^{1*}	21 Cereal Banana Milk ^{1*}
24 Cereal Orange Milk ^{1*}	25 Hard Boiled Egg ² Pancake ¹²³⁶ Melon Milk ^{1*}	26 WW pita Bread ³⁶ Cream Cheese ¹ Pineapple Milk ^{1*}	27 Oatmeal ¹ Raisins Melon Milk ^{1*}	28 Cereal Banana Milk ^{1*}
31 Cereal Orange Milk ^{1*}	01 Turkey Sausage Patty Whole grain waffle ¹²³⁶ Pineapple Milk ^{1*}	02 Yogurt ¹ Melon Milk ^{1*}	03 Oatmeal ¹ Raisins Melon Milk ^{1*}	04 Cereal Banana Milk ^{1*}

Notes: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷ Lentils

*Milk: 1 yr-old children (Unflavored Whole Milk)
2-5 yrs-old (Unflavored 1% Milk)

This institution is an equal opportunity provider



Breakfast

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03 Garbanzo Fried Rice w/ peas & carrots ⁵ Green Salad Apple Milk* ¹	04 Beef & bean tacos w/ tomatoes ⁵ Lettuce & cheese ¹ Whole wheat tortilla ³⁶ Melon Milk* ¹	05 Mac & Cheese ¹³ Cucumbers Orange Milk* ¹	06 Beef picadillo w/ potatoes, carrots, celery & tomatoes Barley/Quinoa ³ Melon Milk* ¹	07 Chicken w/ broccoli & diced tomatoes WW pita bread ³⁶ Strawberries Milk* ¹
10 Black beans ⁵ Brown rice Green Salad Apple Milk* ¹	11 Beef Bolognese Whole wheat pasta ³ Orange Milk* ¹	12 Chicken Stir Fry w/ green beans & carrots Barley/Quinoa ³ Melon Milk* ¹	13 Lentil picadillo w/ tomatoes, raisins & carrots ⁷ Brown rice Pineapple Milk* ¹	14 Chicken Legs Broccoli Whole Wheat Roll ³⁶ Strawberries Milk* ¹
17 Lentils w/ spinach & carrots ⁷ Brown rice Apple Milk* ¹	18 Chicken Lo Mein w/ vegetables ³ Green Salad Melon Milk* ¹	19 Garbanzo Curry w/ tomatoes, carrots & spinach ⁵ Barley/Quinoa ³ Pineapple Milk* ¹	20 Beef Fried Rice w/ peas & carrots Cucumbers Melon Milk* ¹	21 Chicken Fajitas w/ peppers & tomatoes Whole wheattortilla ³⁶ Strawberries Milk* ¹
24 Garbanzo Fried Rice w/ peas & carrots ⁵ Green Salad Apple Milk* ¹	25 Beef & corn tacos w/ tomatoes Lettuce & cheese ¹ Whole wheat tortilla ³⁶ Melon Milk* ¹	26 Chicken Pesto Pasta w/ tomatoes, cheese & spinach ¹³ Green Salad Orange Milk* ¹	27 Chicken Legs Corn Whole Wheat Roll ³⁶ Melon Milk* ¹	28 Egg Vegetable Quiche ¹² Green Salad WW bread ³⁶ Strawberries Milk* ¹
31 Vegetarian Chili w/ peppers, tomatoes & corn ⁵ Brown rice Apple Milk* ¹	01 Baked Ziti pasta w/ beef, cheese & tomatoes ¹³ Green Salad Melon Milk* ¹	02 Chicken Stew w/ celery, carrots & tomatoes Mashed potatoes Orange Milk* ¹	03 Chicken Stir Fry w/ carrots Barley/Quinoa ³ Melon Milk* ¹	04 Chicken Paella w/ peppers & green beans Green Salad Strawberries Milk* ¹

Notes: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷ Lentils

Green: Local Products

*Milk: 1 yr-old children (Unflavored Whole Milk)

2-5 yrs-old (Unflavored 1% Milk)

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Lunch

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03 Cottage cheese ¹ Raspberries/ Strawberries	04 Rice Pudding ¹	05 Pita Bread ³ Hummus ⁵	06 Mozzarella cheese ¹ Tomato/cucumber	07 String cheese ¹ Graham Crackers ³⁶
10 Carrots & cucumbers Ranch dressing ¹²⁶	11 Rice Pudding ¹	12 Mixed berries Galletas Ritz ³⁶	13 Mixed Fruits Mango/ Kiwi	14 Cottage cheese ¹ Mango/ Kiwi
17 Pita Bread ³ Hummus ⁵	18 Mixed Fruits Blackberries/Blueberries	19 Carrots & cucumbers Ranch dressing ¹²⁶	20 Yogurt ¹ Raspberries/ Strawberries	21 String cheese ¹ Graham Crackers ³⁶
24 Cottage cheese ¹ Raspberries/ Strawberries	25 Rice Pudding ¹	26 Pita Bread ³ Hummus ⁵	27 Mozzarella cheese ¹ Tomato/cucumber	28 Mixed Fruits Pineapple/Banana
31 String cheese ¹ Galletas Ritz ³⁶	01 Mixed Fruits Orange/Banana	02 Rice pudding ¹	03 Cottage cheese ¹ Raspberries/ Strawberries	04 Yogurt ¹ Mango/ Kiwi

Notes: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy



Snack