

Dear Parent, if your baby or child is just starting solids, please complete the following information

Name of your child: _____ / Class: _____

How many meals you'd like for your child to eat at Bambini? _____ Which are those meals? _____

Please cross the foods you'd like us to HOLD OFF from offering your baby until further notice. Remember that all allergens (fish, eggs, lentils, soy, pineapple, berries, wheat, milk and hummus, due to sesame seeds) will need to be tried at least three times at home and we'll need approval from you, before we can offer them to your baby at our center. Thanks for your attention and for helping us to keep your child healthy and safe!

March

2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Raspberries	04 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blueberries	05 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	06 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Orange	07 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi
10 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	11 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	12 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	13 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Plum	14 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Orange
17 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi	18 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pumpkin	19 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	20 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	21 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi
24 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	25 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	26 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	27 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Plum	28 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Orange
31 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	01 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	02 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi	03 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blueberries	04 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Orange

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Breakfast

Dear Parent, if your baby or child is just starting solids, please complete the following information

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March

2025



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
03	04	05	06	07	08	09	10	11	12
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Eggs, Avocado	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Spinach	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Beets	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Zucchini	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Carrots	13	14	15	16	17
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Sweet potato	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Carrots	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Broccoli	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Beets	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Spinach	18	19	20	21	22
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Beets	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Broccoli	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, White beans, Spinach	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Zucchini	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Potatoes	23	24	25	26	27
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Egg, Avocado	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Carrots	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Broccoli	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Beets	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Red beans, Yellow squash	28	29	30	31	01
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Garbanzo beans, Sweet potato	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Spinach	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Green Beans	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Broccoli	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Carrots	02	03	04	05	06

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Lunch

Dear Parent, if your baby or child is just starting solids, please complete the following information

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March

2025



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
03		04		05		06		07	
0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula	
6-11: Breastmilk or Formula, Banana		6-11: Breastmilk or Formula, Papaya		6-11: Breastmilk or Formula, Mango		6-11: Breastmilk or Formula, Apple		6-11: Breastmilk or Formula, Kiwi	
10		11		12		13		14	
0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula	
6-11: Breastmilk or Formula, Avocado		6-11: Breastmilk or Formula, Yogurt ¹		6-11: Breastmilk or Formula, Blueberries		6-11: Breastmilk or Formula, Blackberries		6-11: Breastmilk or Formula, Kiwi	
17		18		19		20		21	
0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula	
6-11: Breastmilk or Formula, Avocado		6-11: Breastmilk or Formula, Papaya		6-11: Breastmilk or Formula, Apple		6-11: Breastmilk or Formula, Yogurt ¹		6-11: Breastmilk or Formula, Blackberries	
24		25		26		27		28	
0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula	
6-11: Breastmilk or Formula, Mango		6-11: Breastmilk or Formula, Yogurt ¹		6-11: Breastmilk or Formula, Blueberries		6-11: Breastmilk or Formula, Blackberries		6-11: Breastmilk or Formula, Kiwi	
31		01		02		03		04	
0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula		0-5: Breastmilk or Formula	
6-11: Breastmilk or Formula, Strawberries		6-11: Breastmilk or Formula, Mango & Cottage Cheese ¹		6-11: Breastmilk or Formula, Avocado		6-11: Breastmilk or Formula, Papaya		6-11: Breastmilk or Formula, Yogurt ¹	

Note: This menu is subject to change

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Infant Snack